

## Fitting Guide



- Hold the pillows at your nose, ensuring the ResMed logo is at the top. Pull the headgear over your head.
  - Headgear should sit midway between the ears and eyes.



- Adjust the top strap first.
  - Pull the strap through the buckle one notch at a time.
  - Do not overtighten.



- Adjust the back strap to fine-tune the fitting if necessary.
  - Do not overtighten.
  - The back strap can be positioned over or under the hair.



- Swift FX for Her pillows are designed to provide a natural fit.
  - Check that the pillows are upright at the entrance to the nose.



- Connect free end of the short tube assembly to the device air tubing.
  - Swift FX for Her is now fitted and ready for use.

### Optional Soft Wraps



- Wrap each of the soft wraps around either side of the headgear, folding the top fastener over the lower one.
- The soft wraps should be positioned on your cheeks, with the fasteners on the outside.

*Note: For additional information, refer to the Swift FX for Her Nasal Pillows System User Guide.*

**Swift™ FX for Her**  
NASAL PILLOWS SYSTEM